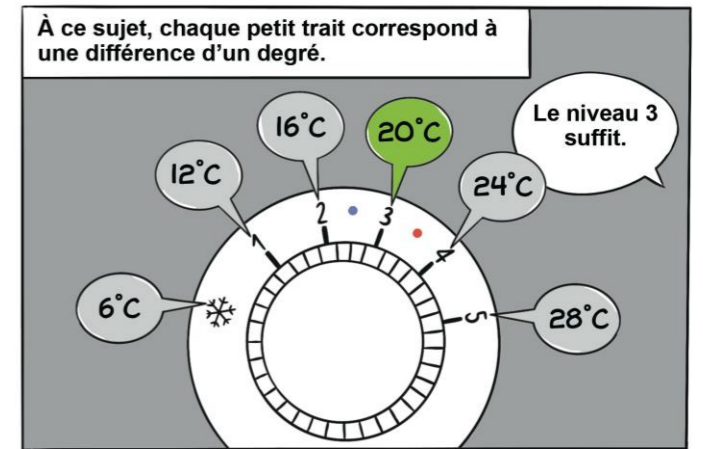
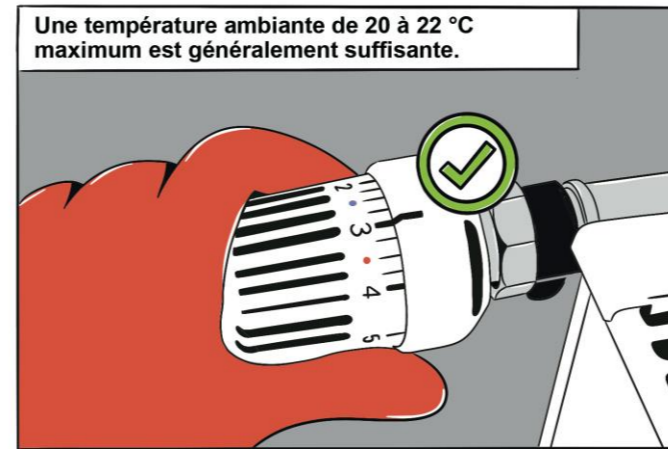
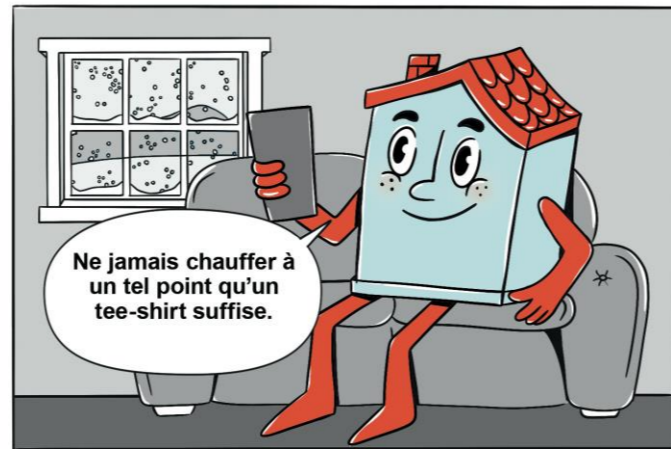
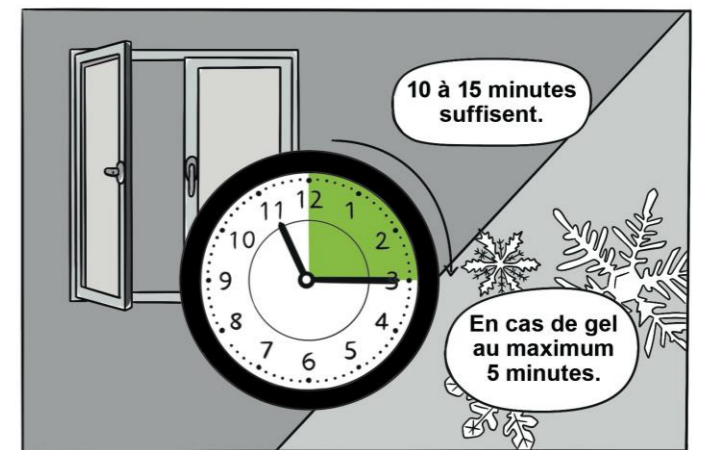
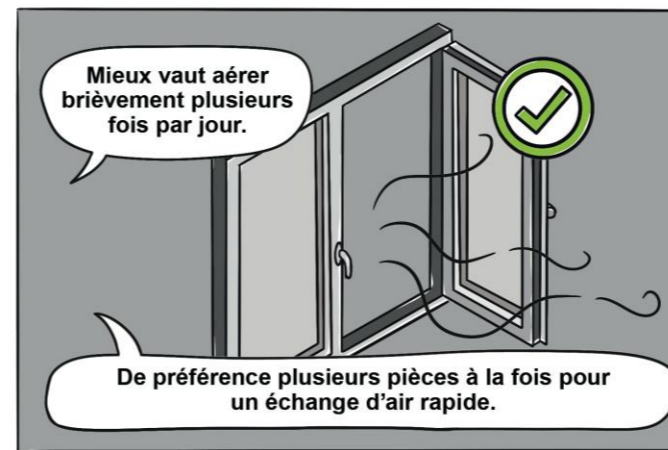
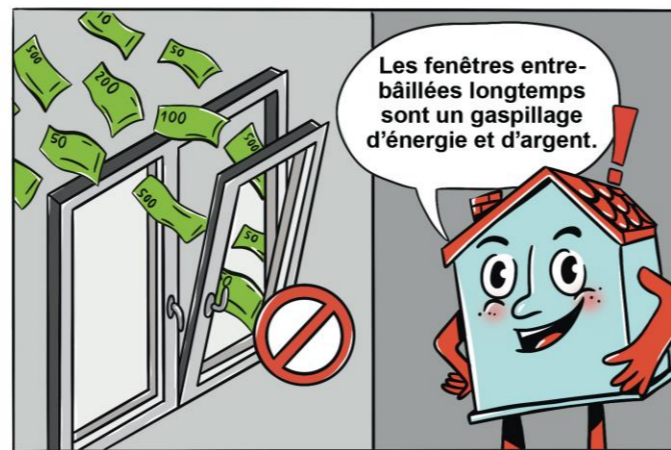


Les 7 meilleurs conseils pour faire des économies d'énergie

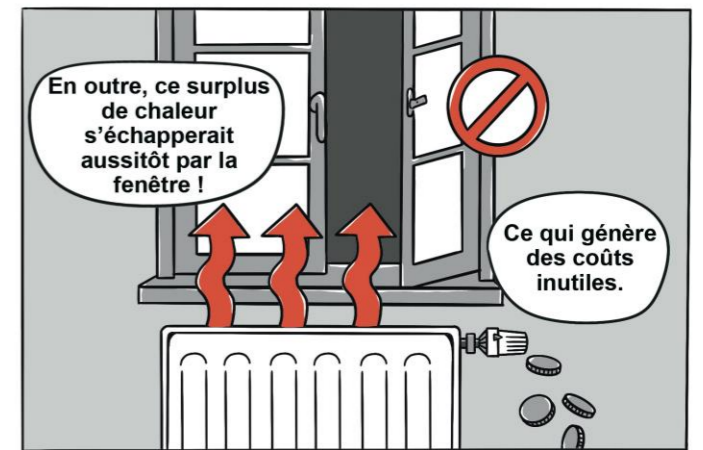
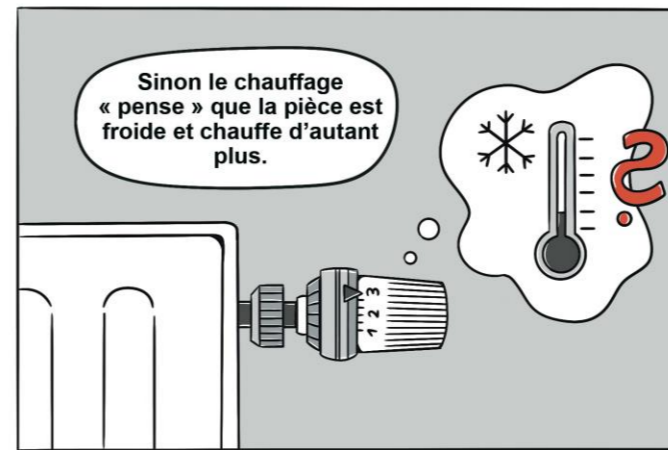
1. 20 à 22 °C maximum suffisent



2. Aérez régulièrement et brièvement au lieu de laisser la fenêtre entrebâillée



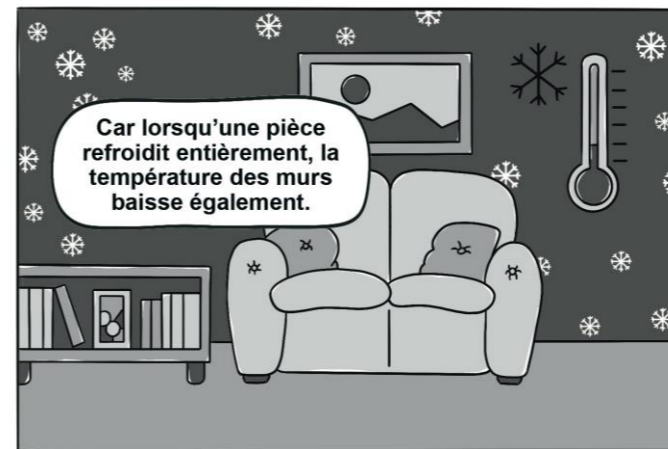
3. Baissez le chauffage avant d'aérer



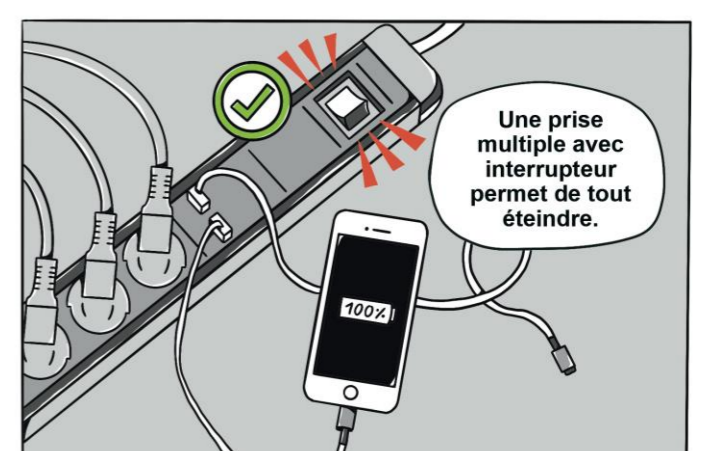
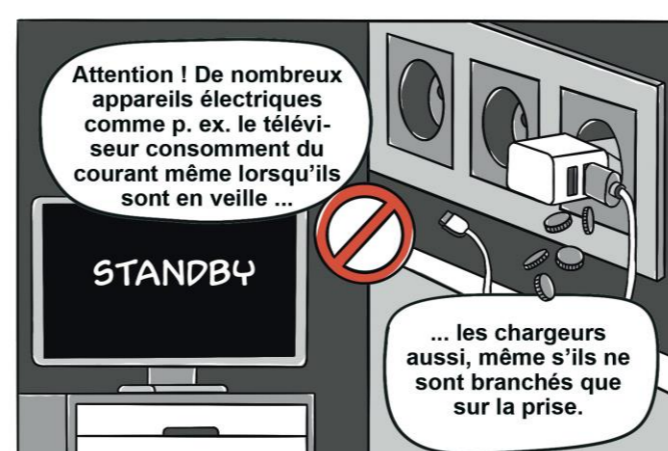
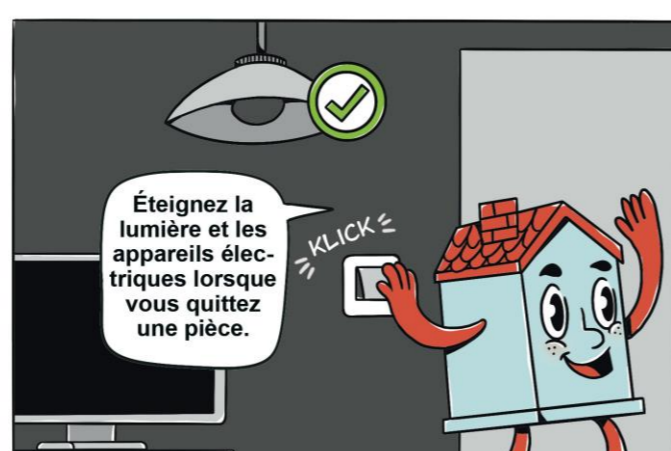
4. Baissez le chauffage de manière ciblée



5. Ne laissez pas le chauffage continuellement sur zéro



6. Éteignez la lumière et les appareils électriques



7. Surveillez les appareils à forte consommation

